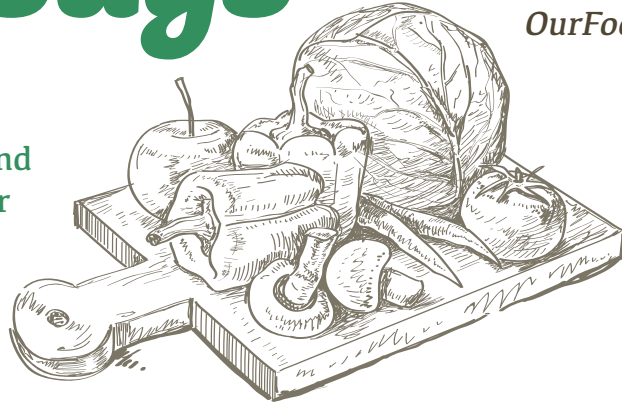


Southeast New Brunswick Regional

Food Pledge

Join the movement!

The food pledge promotes easy and affordable access to good food for all and contributes to the overall well being of our communities.



Sign the pledge; we'll send you the tools you need to start your food action adventure!
OurFoodSENB.link/pledge

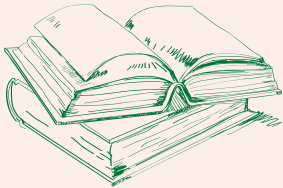


TOGETHER, WE CAN CREATE A FOOD SYSTEM THAT PROMOTES:



Health

- Recognizing the direct link between food and health
- Preventing and managing chronic diseases by making the healthy choice the easier choice
- Ensuring that healthy food is physically accessible to all



Education

- Learning, sharing and promoting food skills (ex: canning, food gardening, gathering, hunting & fishing)
- Bringing food literacy and gardening into our schools - Training future farmers and fishers
- Educating the public about the connections between our health, the environment, and our food choices



Local Development

- Buying from local producers and bringing good food into the marketplace
- Promoting food that is produced, processed, sold and eaten as close as possible to its source
- Supporting food and agriculture innovations in line with our changing climate



Environment

- Caring for and protecting the farmland, forests, water and wildlife that feed us
- Producing our food in a way that enhances the natural spaces in our cities and countryside
- Minimizing waste and energy consumption



Culture

- Connecting rural and urban communities through food
- Celebrating and respecting food diversity



Social Justice

- Understanding that everyone deserves dignified access to affordable, healthy, and culturally appropriate food
- Ensuring that food workers have a fair wage and a safe and respectful environment
- Investing in farmers
- Supporting income, education, employment, housing and transportation policies that enable access to healthy and sustainable local food

The food choices and actions you make have the power to transform our food system! Sign the pledge and take action for a better future for us all!



I declare my support to these principles and commit to engaging in positive food actions.

**OUR FOOD
SENB**

OurFoodSENB.link/web